

# Counselor's Corner

- AUGUST 2024 -

## MEET THE SCHOOL COUNSELOR

Hello! My name is Dawn Stefano and I am excited to be the school counselor at Resurrection Catholic School this 2024-2025 school year! I have my M.A. in School Counseling and I am certified as a Substance Awareness Coordinator. I also have my Supervisory certification in Educational Leadership. I have a B.A. in Elementary Education and taught for 10 years before becoming a School Counselor.



## SERVICES OFFERED BY SCHOOL COUNSELOR:

- Social-emotional classroom lessons provided to ALL students
- Short-term small group & individual counseling for students
- Crisis counseling
- Mediation using restorative practices
- Parent consultation
- Community referrals for families
- School-wide activities that promote a positive school culture

## CONTACT INFO:



[dstefano@rcscherryhill.com](mailto:dstefano@rcscherryhill.com)



<http://www.resurrection-catholic.com>



Schedule: M-F, 8:30-3:00



(856) 667-3034 X255

## COUNSELOR ACTIVITIES

- Attended Summer Counselor Conference to earn professional development hours.
- Reviewed the **updated** RCS Anti-bullying Policy.
- Created classroom lessons and new peer helper activities.
- Set up Counseling office.

## BACK TO SCHOOL TIPS

- Consider starting your child on their school sleep/wake schedule a week or 2 before school starts
- Help your child look forward to the 1st day of school - talk about seeing their friends again and making new ones
- Designate a homework space that is free from distractions

## RESOURCES

- Parent Tips for Kids with Back to School Anxiety - click [HERE](#)
- 8 Tips to Prepare for the First Days of School - click [HERE](#)